



# Palliative Care and Advance Care Planning

Understanding Your End of Life Options

**To advocate for our own end of life care, we need to know our rights and make plans.**

Please join us for a free seminar for individuals, families, and caregivers that will provide insight into advance directives, end of life options, hospice, and palliative care.

**Speakers include:**

**Joshua Chodosh, MD**

NYU Langone Health  
*Director, Freedman Research Program  
on Aging and Cognition  
Professor, Medicine and Population Health*

**Judith Schwarz, PhD**

End of Life Choices New York  
*Clinical Director*

**Laurie Leonard, LMSW**

End of Life Choices New York  
*Executive Director*

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**Thursday, September 7 • 5:30pm–7:30pm**

NYU Langone Health  
550 1st Avenue, 1st Floor, Alumni Hall A  
New York, NY 10016

For more information or to RSVP, **please contact Nina Friedman, LMSW**  
**at [nina.friedman@nyumc.org](mailto:nina.friedman@nyumc.org) or 212-263-1055.**

*The Pearl I. Barlow Center for Memory Evaluation and Treatment  
is a New York State Center of Excellence for Alzheimer's Disease.*